



See how to properly self-pack for your move on our YouTube page.

# Packing Techniques of Expert Movers

Packing is essential to the moving process. How your household memories are wrapped, boxed and protected prior to transit makes all the difference on move-in day. Our expert movers have provided the following summary of packing advice to help you have the smoothest moving experience possible.

Professionally trained packers work with ease and efficiency. They go from room to room, selecting the proper carton and cushioning materials for each item. Crystal, glassware and dishes, for example, easily fit into custom dish pack cartons. Each item is individually wrapped with clean newsprint before being placed within the protective walls of our corrugated cartons. A team of National packers can complete the job in far less time than you might think – because they pack household memories daily.

When customers choose to pack for themselves, we want to provide as much assistance as possible. Contact National Van Lines and ask about the quality of packing supplies you need for a long distance move. Our full complement of cartons, range of cushioning materials and tape used by our movers are also all available for your purchase.

Plan out what you want to pack and how. You might elect to have National pack the more delicate, fragile or hard-to-pack items – such as paintings, antiques, clocks, collectibles, lamps and glassware. We are happy to assist you with any item you would prefer our professionals to pack.



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## Packing Checklist

- Quality boxes in various sizes
- Packing Tape
- Box labels for each room
- Markers and pens
- Bubble wrap, fresh newsprint, etc.
- An inventory list of items in each box

# #MovingMyMemories



### > Food

Boxed dry food should be packed in medium cartons with openings taped shut to prevent spillage. Jars or canned goods should be packed in book cartons and cushioned with newsprint. Perishable or frozen foods should never be packed and are not allowed on the moving van.

### > Plates, Saucers and Flat China

Wrap these individually and then bundle three or four together. Use larger items as the bottom layer and place crumpled newsprint cushioning between each layer.

### > Cups and Glasses

Dish packs are perfect for protecting cups and glasses during transit. Individually wrap each cup before inserting it into the box. Gently insert more crumpled newsprint into any free space in the box for padding.

## Mirror Packs

For mirrors, framed photos and artwork, these cartons adjust to provide a custom fit. For especially expensive or sentimental items, ask about your custom crating options.



## Dish Packs

With double reinforced walls, these cartons provide additional protection made for securing crystal, glassware, dishes and other fragile items.



## Large Cartons

Fit for light yet bulky items. Large cartons are perfect for items such as pillows, comforters, large stuffed animals and lamp shades.



## Medium

These boxes are perfect for non-fragile items that need a bit of weight, such as pots, pans, and folded clothes.



## Mirrors, Marble Tops, Glass Tops, Framed Pictures and Artwork

The above items require mirror packs for proper protection in transport. While the packs are named for mirrors, they are used for various flat and fragile items due to their capacity to be customized to the necessary fit.

Before inserting a mirror, table top or framed picture into a two-piece mirror box, gently wrap the items in bubble wrap. Pad the bottom of the mirror pack with a layer of crumpled newsprint. Set the wrapped item on top, doing your best to center it in the box. You should have a small amount of space on all sides of the item. Fill this space with more crumpled newsprint until the box is full. This additional padding will keep your fragile item safe if the box slightly shifts in transit.



## Cartons

are perfect for items that have to them, such as board games thing.

## Book Cartons

Designed for small, heavier items, these boxes are ideal for books and similar items such as stacks of paper or full binders.

## Mattress Packs

These containers come in various sizes to fit the specific size of your mattress or box spring. Made especially for their safe transport, they come in single, twin, queen and king sizes.

## Wardrobes


Keep your clothing pristine and wrinkle free through transport. They come with a metal bar near the top of the box, allowing clothes to be transported on hangers.



# Packing Tips for Fragile Items

## Computers, Televisions and Other Electronics

Electronics, especially larger ones, are always best packed in their original box with their original padding. National Van Lines understands this isn't always an option, though, which is why we are happy to provide custom boxes and crating options for these items.



For heavier items, corrugated boxes aren't always enough. Talk to your National Van Lines agent about crating options, which are more suited to protect heavy items.

Smaller electronics, such as gaming consoles and entertainment systems, can be packed in large or medium cartons. Provide at least a couple inches of padding with bubble wrap and newsprint on all sides. Cords and smaller accessories should be packed in labeled zip-lock bags and placed in the box with their corresponding electronic system.

Find even more packing tips  
and moving advice on the  
National Van Lines blog.

[www.nationalvanlines.com/blog](http://www.nationalvanlines.com/blog)

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